

Effective July 1, 2022 or October 1, 2022

The Local Choice 2022 Comparison of Statewide Plans

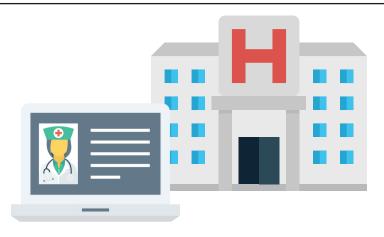
	Key Adva	ntage Exp	anded	Key Adva	ntage 250	
Plan Year Deductible (Key Advantage: Applies to Certain Medical Services as Indicated on Chart) (HDHP: Applies to Medical, Behavioral Health, and Prescription Drug Services)	In-Network: One Person \$100 Out-of-Network: \$200	Two People See Family See Family	Family \$200 \$400	In-Network: One Person \$250 Out-of-Network: \$500	Two People See Family See Family	Family \$500 \$1,000
Plan Year Out-of-pocket Expense Limit	In-Network: One Person \$2,000 Out-of-Network: \$3,000	Two People See Family See Family	Family \$4,000 \$6,000	In-Network: One Person \$3,000 Out-of-Network: \$5,000	Two People See Family See Family	Family \$6,000 \$10,000
Out-of-Network Benefits	you pay 30% coin health services. C and behavioral he coinsurance for ro	Copayments do no ealth services. Cop	cal and behavioral t apply to medical payments and atient prescription	you pay 30% coin health services. C and behavioral he coinsurance for ro	et the out-of-netwonsurance for medic Copayments do not ealth services. Copoutine vision, outpa services will still ap	cal and behavioral capply to medical ayments and tient prescription
Medical Care When Traveling (BlueCard)	Included			Included		
Lifetime Maximum	Unlimited			Unlimited		
Covered Services	In-Network Y	ou Pay		In-Network Y	ou Pay	
Ambulance Travel	20% coinsurance	after deductible		20% coinsurance	after deductible	
Autism Spectrum Disorder	Copayment/coins service received	urance determine	d by	Copayment/coins service received	surance determined	i by
Behavioral Health and EAP Inpatient treatment • Facility Services • Professional Provider Services Outpatient Professional Provider Visits	\$300 copayment \$0 \$15 copayment	per stay		\$400 copayment \$0 \$20 copayment	per stay	
Employee Assistance Program (EAP) 4 visits per issue (per plan year)	\$0			\$0		
Dental Care Preventive Dental Option (diagnostic and preventive services only for lower premium)	\$0			\$0		
Comprehensive Dental Option (for higher premium) Dental Plan Year Deductible Plan Year Maximum (Except Orthodontics) • Preventive Dental Care • Primary Dental Care • Major Dental Care • Orthodontic Services (Includes Adult Ortho)	50% coinsurance	Two People \$50 after dental dedi after dental deduc , no dental deduc ime maximum	uctible	50% coinsurance	Two People \$50 after dental dedu after dental deduct ine maximum	ctible

Key Advantage 500			Key Advan	tage 1000)	High Deductible Healtl		lth Plan
In-Network:			In-Network:					
One Person	Two People	Family	One Person	Two People See Family	Family	One Person	Two People	<u>Family</u> \$5,600
\$500	See Family	\$1,000	\$1,000	see railily	\$2,000	\$2,800	See Family	
Out-of-Network:	On a Family	фо.000	Out-of-Network:	One Family	#4.000		mbined for In-Netwo	rk and
\$1,000	See Family	\$2,000	\$2,000	See Family	\$4,000	Out-of-Network s	Services.	
In-Network:			In-Network:			In-Network:		
One Person	Two People	Family	One Person	Two People	Family	One Person	Two People	Family
\$4,000	See Family	\$8,000	\$5,000	See Family	\$10,000	\$5,000	See Family	\$10,000
Out-of-Network:			Out-of-Network:			Out-of-Network:		
\$7,000	See Family	\$14,000	\$9,000	See Family	\$18,000	\$10,000	See Family	\$20,000
Yes. Once you meet you pay 30% coinst health services. Cop and behavioral heal coinsurance for rout drugs and dental set	urance for medical payments do not a th services. Copay tine vision, outpatie	and behavioral pply to medical ments and ent prescription	Yes. Once you meet you pay 30% coins health services. Co and behavioral hea coinsurance for rou drugs and dental se	urance for medica payments do not a Ith services. Copay tine vision, outpati	I and behavioral apply to medical ments and ent prescription	you pay 40% co	eet the combined di insurance for medic ription drug service roviders.	al, behavioral
Included			Included			Included		
Unlimited			Unlimited			Unlimited		
In-Network Yo	u Pay		In-Network Yo	u Pay		In-Network Y	ou Pay	
20% coinsurance a	fter deductible		20% coinsurance a	after deductible		20% coinsurance	e after deductible	
Copayment/coinsur service received	rance determined b	ру	Copayment/coinsu service received	rance determined	by	20% coinsurance	e after deductible	
20% coinsurance a \$0 \$25 copayment	fter deductible		20% coinsurance a \$0 \$25 copayment	after deductible		20% coinsurance	e after deductible e after deductible e after deductible	
Ψ20 σοραγιποπε			Ψ20 copaymont			2070 0011100101100	, artor addadtion	
\$0			\$0			\$0		
\$0			\$0			\$0		
One Person	Two People	Family	One Person	Two People	Family	One Person	Two People	Family
\$25 \$1,500 \$0 20% coinsurance a 50% coinsurance, r with \$1,500 lifetim	\$50 fter dental deduct fter dental deduct no dental deductib	\$75 ible ible	\$25 \$1,500 \$0 20% coinsurance a 50% coinsurance a 50% coinsurance, with \$1,500 lifetin	\$50 after dental deduci after dental deduci no dental deductib	\$75 tible tible	\$25 \$1,500 \$0 20% coinsurance 50% coinsurance	\$50 e after dental deduc e after dental deducti e, no dental deductil	\$75 tible tible

The Local Choice 2022 Comparison of Statewide Plans (continued)

Covered Services	Key Advantage Expanded In-Network You Pay	Key Advantage 250 In-Network You Pay
Diabetic Education	\$0	\$0
Diabetic Equipment	20% coinsurance after deductible	20% coinsurance after deductible
Diabetic Supplies - See Outpatient Prescription Drugs		
Diagnostic Tests and X-rays (for specific conditions or diseases at a doctor's office, emergency room or outpatient hospital department)	20% coinsurance, no deductible	20% coinsurance after deductible
Doctor Visits – on an Outpatient Basis Primary Care Physicians Specialty Care Providers	\$15 copayment \$25 copayment	\$20 copayment \$35 copayment
Early Intervention Services	Copayment/coinsurance determined by service received	Copayment/coinsurance determined by service received
Emergency Room Visits Facility Services Professional Provider Services - Primary Care Physicians - Specialty Care Providers Diagnostic Tests and X-rays	\$250 copayment per visit (waived if admitted to hospital) \$15 copayment \$25 copayment 20% coinsurance, no deductible	\$350 copayment per visit (waived if admitted to hospital) \$20 copayment \$35 copayment 20% coinsurance after deductible
Home Health Services (90 visit plan year limit per member)	\$0	\$0
Home Private Duty Nurse's Services	20% coinsurance after deductible	20% coinsurance after deductible
Hospice Care Services	\$0	\$0
Hospital Services Inpatient Treatment • Facility Services • Professional Provider Services - Primary Care Physicians - Specialty Care Providers Outpatient Treatment • Facility Services • Professional Provider Services - Primary Care Physicians - Specialty Care Providers Diagnostic Tests and X-Rays	\$300 copayment per stay \$0 \$0 \$100 copayment \$15 copayment \$25 copayment 20% coinsurance, no deductible	\$400 copayment per stay \$0 \$0 \$150 copayment \$20 copayment \$35 copayment 20% coinsurance after deductible
LiveHealth Online (Online doctor's visits)	\$0	\$0





Key Advantage 500	Key Advantage 1000	High Deductible Health Plan
In-Network You Pay	In-Network You Pay	In-Network You Pay
\$0	\$0	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
\$25 copayment \$40 copayment	\$25 copayment \$40 copayment	20% coinsurance after deductible 20% coinsurance after deductible
Copayment/coinsurance determined by service received	Copayment/coinsurance determined by service received	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
\$25 copayment \$40 copayment 20% coinsurance after deductible	\$25 copayment \$40 copayment 20% coinsurance after deductible	20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible
\$0	\$0	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
\$0	\$0	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
\$0 \$0	\$0 \$0	20% coinsurance after deductible 20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
\$25 copayment \$40 copayment 20% coinsurance after deductible	\$25 copayment \$40 copayment 20% coinsurance after deductible	20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible
 \$0	\$0	Determined by services received



The Local Choice 2022 Comparison of Statewide Plans (continued)

Covered Services	Key Advantage Expanded In-Network You Pay	Key Advantage 250 In-Network You Pay
Maternity Professional Provider Services (Prenatal & Postnatal Care) - Primary Care Physicians - Specialty Care Providers	\$15 copayment \$25 copayment If your doctor submits one bill for delivery, prenatal a copayment required for physician care. If your doctor payment responsibility will be determined by the serv	r bills for these services separately, your
Delivery - Primary Care Physicians - Specialty Care Providers	\$0 \$0	\$0 \$0
Hospital Services for Delivery (Delivery Room, Anesthesia, Routine Nursing Care for Newborn)	\$300 copayment per stay*	\$400 copayment per stay*
Outpatient Diagnostic Tests	20% coinsurance, no deductible	20% coinsurance after deductible
Medical Equipment, Appliances, Formulas, Prosthetics and Supplies	20% coinsurance after deductible	20% coinsurance after deductible
Outpatient Prescription Drugs - Mandatory Generic Retail up to 34-day supply* *You may purchase up to a 90-day supply at a retail pharmacy by paying multiple copayments, or the coinsurance after the deductible Home Delivery Services (Mail Order) Covered Drugs for up to a 90-Day Supply	Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment	Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment
Diabetic Supplies	20% coinsurance, no deductible	20% coinsurance, no deductible
Prescription Insulin Drugs to Treat Diabetes	34-day supply not to exceed \$50 90-day supply not to exceed \$150	34-day supply not to exceed \$50 90-day supply not to exceed \$150
Routine vision - Blue View Vision Network (Once Every Plan Year) Routine Eye Exam Eyeglass Lenses Eyeglass Frames Contact Lenses (In Lieu of Eyeglass Lenses) • Elective • Non-Elective Upgrade Eyeglass Lenses (Available for Additional Cost) • UV Coating, Tints, Standard Scratch-Resistant • Standard Polycarbonate • Standard Progressive • Standard Anti-Reflective • Other Add-Ons	\$25 copayment \$20 copayment Up to \$100 retail allowance** Up to \$100 retail allowance Up to \$250 retail allowance \$15 \$40 \$65 \$45 20% off retail	\$35 copayment \$20 copayment Up to \$100 retail allowance** Up to \$100 retail allowance Up to \$250 retail allowance \$15 \$40 \$65 \$45 20% off retail
Shots - Allergy & Therapeutic Injections (At Doctor's Office, Emergency Room or Outpatient Hospital Department)	20% coinsurance, no deductible	20% coinsurance after deductible

^{*}This plan will waive the hospital copayment if the member enrolls in the maternity management pre-natal program within the first 16 weeks of pregnancy, has a dental cleaning during pregnancy and satisfactorily completes the program.

^{**}You may select a frame greater than the covered allowance and receive a 20% discount for any additional cost over the allowance.

Key Advantage 500 In-Network You Pay	Key Advantage 1000 In-Network You Pay	High Deductible Health Plan In-Network You Pay
\$25 copayment \$40 copayment If your doctor submits one bill for delivery, pre copayment required for physician care. If your payment responsibility will be determined by	r doctor bills for these services separately, your	20% coinsurance after deductible 20% coinsurance after deductible
\$0 \$0	\$0 \$0	20% coinsurance after deductible 20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment	Tier 1 - \$10 copayment Tier 2 - \$30 copayment Tier 3 - \$45 copayment Tier 4 - \$55 copayment	20% coinsurance after deductible
Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment	Tier 1 - \$20 copayment Tier 2 - \$60 copayment Tier 3 - \$90 copayment Tier 4 - \$110 copayment	20% coinsurance after deductible
20% coinsurance, no deductible	20% coinsurance, no deductible	20% coinsurance after deductible
34-day supply not to exceed \$50 90-day supply not to exceed \$150	34-day supply not to exceed \$50 90-day supply not to exceed \$150	34-day supply not to exceed \$50 90-day supply not to exceed \$150
\$40 copayment \$20 copayment Up to \$100 retail allowance**	\$40 copayment \$20 copayment Up to \$100 retail allowance**	\$15 copayment \$20 copayment Up to \$100 retail allowance**
Up to \$100 retail allowance Up to \$250 retail allowance	Up to \$100 retail allowance Up to \$250 retail allowance	Up to \$100 retail allowance Up to \$250 retail allowance
\$15 \$40 \$65 \$45 20% off retail	\$15 \$40 \$65 \$45 20% off retail	\$15 \$40 \$65 \$45 20% off retail
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
	TOCQWER	

The Local Choice 2022 Comparison of Statewide Plans (continued)

Covered Services	Key Advantage Expanded In-Network You Pay	Key Advantage 250 In-Network You Pay
Skilled Nursing Facility Stays (180-Day Per Stay Limit Per Member) Facility Services	\$0	\$ 0
Professional Provider Services	\$0	\$0
Spinal Manipulations and Other Manual Medical Interventions (30 Visits Per Plan Year Limit Per Member) Primary Care Physicians Specialty Care Providers	\$15 copayment \$25 copayment	\$20 copayment \$35 copayment
Surgery - See Hospital Services		
Therapy Services Infusion Services, Cardiac Rehabilitation Therapy, Chemotherapy, Radiation Therapy, Respiratory Therapy, Occupational Therapy, Physical Therapy, and Speech Therapy Facility Services Professional Provider Services - Primary Care Physicians - Specialty Care Providers	20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible	20% coinsurance after deductible 20% coinsurance after deductible 20% coinsurance after deductible
Wellness services Well Child (Office Visits at Specified Intervals Through Age 6) - Primary Care Physicians; - Specialty Care Providers; - Immunizations and Screening Tests	No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible
Routine Wellness - Age 7 & Older • Annual Check-Up Visit (One Per Plan Year) - Primary Care Physicians - Specialty Care Providers - Immunizations, Lab and X-Ray Services • Routine Screenings, Immunizations, Lab and X-Ray Services (Outside of Annual Check-Up Visit)	No copayment, coinsurance, or deductible No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible No copayment, coinsurance, or deductible
Preventive Care (One of Each Per Plan Year) Gynecological Exam Pap Test Mammography Screening Prostate Exam (Digital Rectal Exam) Prostate Specific Antigen Test Colorectal Cancer Screenings	No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible

Key Advantage 500 In-Network You Pay	Key Advantage 1000 In-Network You Pay	High Deductible Health Plan In-Network You Pay
\$0	\$0	20% coinsurance after deductible
\$0	\$0	20% coinsurance after deductible
\$25 copayment \$40 copayment	\$25 copayment \$40 copayment	20% coinsurance after deductible 20% coinsurance after deductible
20% coinsurance after deductible	20% coinsurance after deductible	20% coinsurance after deductible
20% coinsurance after deductible 20% coinsurance after deductible	20% coinsurance after deductible 20% coinsurance after deductible	20% coinsurance after deductible 20% coinsurance after deductible
2070 consurance arter acquerint	2070 comsurance arter accuscinic	2070 combutance arter academic
No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible
No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible
No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible	No copayment, coinsurance, or deductible
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Health & Wellness Programs

Be your healthy best! The TLC plans include access to a host of health and wellness programs to help you manage your health issues.

- Sydney: The Sydney Health mobile app acts like a personal health assistant, answering your questions and connecting you to the right resources at the right time. And you can use the chatbot to get answers quickly. Download from the App Store (iOS) or Google Play (Android).
 - Find care and check costs
 - View and use digital ID cards
 - Check all benefits and view claims
- **ConditionCare:** Take advantage of free and confidential support to manage these conditions:
 - Asthma
- Coronary artery disease (CAD)
- Heart failureDiabetes
- Chronic obstructive pulmonary disease (COPD)
- Hypertension

You may receive a call from ConditionCare if your claims indicate you or an enrolled family member may be dealing with one or more of these conditions. While you're encouraged to enroll and take advantage of help from registered nurses and other healthcare professionals, you may also opt out of the program when they call.

 Future Moms: Enroll and receive pre- and post-natal support. Access a nurse coach and other maternity support specially designed to help women have healthy pregnancies and healthy babies.

- MyHealth Advantage: Receive personalized health-related suggestions, tips, and reminders via mail or email to alert you of potential health risks, care gaps or cost-saving opportunities
- o **24/7 NurseLine & Audio Health Library:** Sometimes you need health questions answered right away even in the middle of the night. Call 24/7 NurseLine (800-337-4770) to speak with a nurse. Or use the Audio Health Library if you want to learn about a health topic on your own. Your call is always free and completely confidential.
- o CommonHealth is the employee wellness program for The Local Choice. The main objective of CommonHealth is to promote wellness in the workplace. Yearly programs cover a variety of health and wellness subjects and are presented in a variety of formats - including onsite programs and video presentations that make it easy to participate. Not only are the programs educational and fun, they help you stay fit and healthy. For more information, visit www.commonhealth.virginia.gov/tlc.



See more information on Health & Wellness programs at www.anthem.com/tlc.

LiveHealthOnline.com

LiveHealth Online lets you have a face-to-face doctor visit from your mobile device or computer with a webcam at **no cost**. Go to <u>livehealthonline.com</u> or download the app so you'll be ready whenever you need these LiveHealth Online services.

- o **LiveHealth Online Medical** Use your smartphone, tablet or computer to see a board-certified doctor in minutes, any time, day or night. It's a fast, easy way to get care for common medical conditions like the flu, colds, allergies, pink eye, sinus infections, and more.
- **LiveHealth Online Psychology** Use your device to make an appointment to see a therapist or psychologist online.
- LiveHealth Online Psychiatry Unlike therapists who provide counseling support, psychiatrists can also provide medication management. Use your device to set up a visit online.
- LiveHealth Online EAP You can access your free EAP counseling sessions from your device. Contact your EAP to learn more.
- LiveHealth Online Healthy Sleep Access board certified Sleep Specialists who can diagnose and manage a wide range of sleep disorders.

Employee Assistance Program (EAP)

Your EAP gives you, your covered dependents and members of your household **up to four free confidential counseling sessions per issue** each plan year.

Turn to your EAP for information and resources about:

- o Emotional well-being
- Addiction and recovery
- Work and career
- Childcare and parenting
- Helping aging parents
- Financial issues
 (including free credit monitoring and identity theft recovery)
- o Legal concerns
- Smoking cessation

We're here for you – in many languages

The law requires us to include a message in all of these different languages. Curious what they say? Here's the English version: "You have the right to get help in your language for free. Just call the Member Services number on your ID card." Visually impaired? You can also ask for other formats of this document.

Spanish

Usted tiene derecho a recibir ayuda en su idioma en forma gratuita. Simplemente llame al número de Servicios para Miembros que figura en su tarjeta de identificación.

Chinese

您有權免費獲得透過您使用的語言提供的幫助。請撥打您的 ID 卡片上的會員服務電話號碼。若您是視障人士,還可 索取本文件的其他格式版本。

Vietnamese

Quý vị có quyền nhận miễn phí trợ giúp bằng ngôn ngữ của mình. Chỉ cần gọi số Dịch vụ dành cho thành viên trên thẻ ID của quý vị. Bị khiếm thị? Quý vị cũng có thể hỏi xin định dạng khác của tài liệu này."

Korean

귀하는 자국어로 무료지원을 받을 권리가 있습니다. ID 카드에 있는 멤버 서비스번호로 연락하십시오.

Tagalog

May karapatan ka na makakuha ng tulong sa iyong wika nang libre. Tawagan lamang ang numero ng Member Services sa iyong ID card. May kapansanan ka ba sa paningin? Maaari ka ring humiling ng iba pang format ng dokumentong ito.

Russian

Вы имеете право на получение бесплатной помощи на вашем языке. Просто позвоните по номеру обслуживания клиентов, указанному на вашей идентификационной карте. Пациенты с нарушением зрения могут заказать документ в другом формате.

Armenian

Դուք իրավունք ունեք ստանալ անվձար օգնություն ձեր լեզվով։ Պարզապես զանգահարեք Անդամների սպասարկման կենտրոն, որի հեռախոսահամարը նշված է ձեր ID քարտի վրա։

Farsi

"شما این حق را دارید تا به صورت رایگان به زبان مادری تان کمک دریافت کنید. کافی است با شماره خدمات اعضا (Member Services) درج شده روی کارت شناسایی خود تماس بگیرید." دچار اختلال بینایی هستید؟ می توانید این سند را به فرمت های دیگری نیز درخواست دهید.

French

Vous pouvez obtenir gratuitement de l'aide dans votre langue. Il vous suffit d'appeler le numéro réservé aux membres qui figure sur votre carte d'identification. Si vous êtes malvoyant, vous pouvez également demander à obtenir ce document sous d'autres formats.

Arabic

لك الحق في الحصول على مساعدة بلغتك مجانًا. ما عليك سوى الاتصال برقم خدمة الأعضاء الموجود على بطاقة الهوية. هل أنت ضعيف البصر؟ يمكنك طلب أشكال أخرى من هذا المستند.

Japanese

お客様の言語で無償サポートを受けることができます。IDカードに記載されているメンバーサービス番号までご連絡ください。

Haitian

Se dwa ou pou w jwenn èd nan lang ou gratis. Annik rele nimewo Sèvis Manm ki sou kat ID ou a. Èske ou gen pwoblèm pou wè? Ou ka mande dokiman sa a nan lòt fòma tou.

Italian

Ricevere assistenza nella tua lingua è un tuo diritto. Chiama il numero dei Servizi per i membri riportato sul tuo tesserino. Sei ipovedente? È possibile richiedere questo documento anche in formati diversi

Polish

Masz prawo do uzyskania darmowej pomocy udzielonej w Twoim języku. Wystarczy zadzwonić na numer działu pomocy znajdujący się na Twojej karcie identyfikacyjnej.

Puniabi

ਆਪਣੀ ਭਾਸ਼ਾ iਵੱਚ ਮੁਫ਼ਤ iਵੱਚ ਮਦਦ ਹਾਂ।ਸਲ ਕਰਨ ਦਾ ਿਅਧਕਾਰ ਹੈ। ਬਸ ਆਪਣy ਆਈਡੀ ਕਾਰਡ ਤੇ iਦੱਤੇ ਸਿਰਵਸ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। ਨਜ਼ਰ ਕਮਜ਼ੋਰ ਹੈ? ਤਸ ਇਸ ਦਸਤਾਵੇਜ਼ ਦੇ ਹੋਰ ਰਪਾਂਤਰ ਮੰਗ ਸਕਦੇ ਹੋ।

TTY/TTD:711

It's important we treat you fairly

We follow federal civil rights laws in our health programs and activities. By calling Member Services, our members can get free in-language support, and free aids and services if you have a disability. We don't discriminate. exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed in any of these areas, you can mail a complaint to: Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279, or directly to the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201. You can also call 1-800- 368-1019 (TDD: 1-800-537-7697) or visit https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Quick Access to Your Plan

Anthem.com/tlc

Your dedicated website for health benefits documents, no log in needed



Download your health benefits summary and member handbook



Find care



Register for *LiveHealth Online* video doctor visits



Learn about your Employee Assistance Program (EAP)

Anthem.com

Log in to your confidential and secure account



View your claims



Download your ID card



Find care



Refill prescriptions online



Compare costs for hundreds of medical procedures

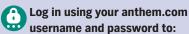
Sydney Health mobile app













View your ID card



See all your medical and pharmacy benefits in one place



Use the chatbot to get answers and resources quickly



Connect easily to care



Track your health goals and fitness

thelocalchoice.virginia.gov

This is your resource for forms, Cardinal information and member notifications.



Explore a comprehensive and personalized view of your company's benefit offerings, view and pay your Anthem bill, and get the latest news **through EmployerAccess**.

Getting started

- Identify the main administration contact or Site Administrator for your business. They will register for EmployerAccess and be responsible for adding additional users.
- o Register at employer.anthem.com/eea.
- o You will receive an email to complete the registration process.
- Once you're registered, download the EmployerAccess app for benefits management, news and alerts on the go.



Language Access Services - (TTY/TDD: 711)

(Spanish) - Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda.

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